

In transformation towards a natural world. Taking care of self, other, place, planet. How do I care for all four, at every step? Finding your peace, place and compass, in the midst of tension and turbulence.

Lifemap scenario *Climate change & nature's decline*



ANGEL OF PEACE

WHY?

ADAPT, TRANSFORM

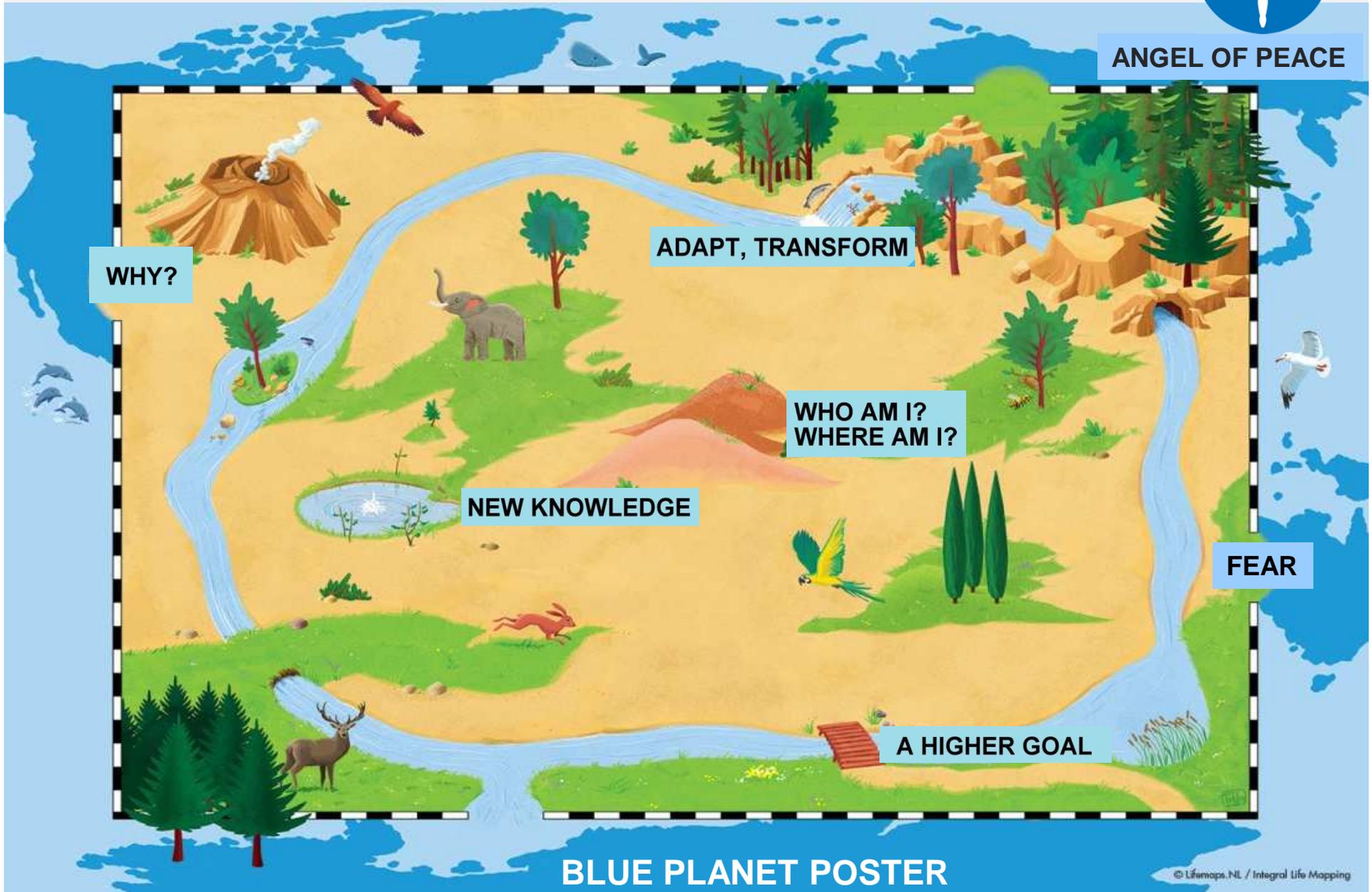
WHO AM I?
WHERE AM I?

NEW KNOWLEDGE

FEAR

A HIGHER GOAL

BLUE PLANET POSTER



I am a world citizen, aspiring to live the Master Code: *Take care of self, other, place and planet.*

The vision: Creation/evolution in Oneness. Humanity is moving into the natural. We choose to adapt, transform.



The mission: As a nature lover and Biologist I am taking on the mission to discover the hidden and forgotten connections between humankind and nature. To create awareness of what this means, for the individual, community, business, civil society and government.

The city as an entity is ideally positioned for this, because it is clear to all, that the physical, the locality and the local conditions are part of its being.

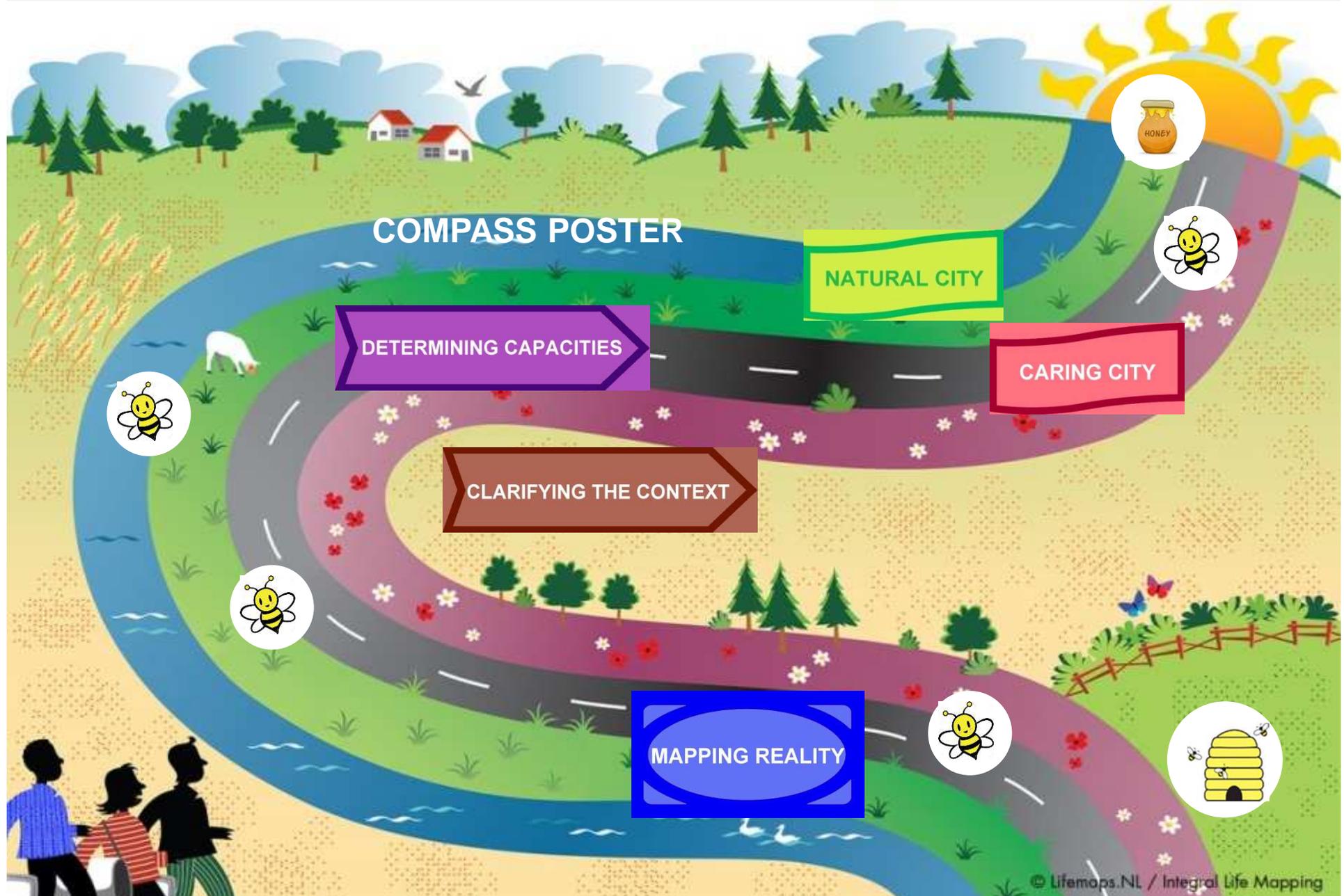
The realization: I am living in this place, doing my best to take care of myself, my family and others. My intention has been to be a good person, friend, colleague, citizen. I have lived moderately environment friendly. Now, here is climate change. The future has become unsure. I have become aware, that life conditions will worsen. I can feel the urgency, but what can I do? It is causing me stress. It makes me feel powerless. I do not know the impact, over here, but I do know, that I have to get involved, more than I ever thought I would have to.

The questions:

- How can I make sense, let alone meaning, of this worldwide phenomenon? I want to know how I can relate to climate change. What is my position? How does this affect my relationships, work, direction, purpose?
- When I see the Amazon or Australia burning, I feel grief. I feel a need to express it. I realize how small I am. With whom can I share? How can we find ways to cope?
- I know that this is my place and my moment. How can I find out where to begin?
- I love my city and can find others, partners, to do something. But what value can I add? What is my function?
- I would like to have more influence in my city, my organization. What would make sense for me?

We are the city: *Visualizing care, context, capacity. Inquiring into placemaking and placecaring.*

Lifemap scenario *Caring, in a Natural City*



We are the city: *Visualizing care, context, capacity. Inquiring into placemaking and placecaring.*

Lifemaps are a tool for reality-based, purpose oriented visualization. For inquiry, discovery, meaning making, finding new perspective and direction. Of key issues in life, business, community or the world. A lifemap is a table poster plus a set of stickers. A lifemap has a built-in process and comes with a scenario around a core theme, question or situation. New lifemap scenarios for the city will be co-designed with key question owners.

LIFEMAP SCENARIOS FOR THE CITY & THE STAKEHOLDERS



A journey towards becoming an Integral City

The Integral City framework and meshwork offer wisdom, perspective, models and maps, strategies and advice for cities on their journey to become an Integral City. A city, in which evolutionary capacities are developed and connectedness is strong. A city, that makes space for nature and takes a responsible role in its eco-region. There are several lifemap scenarios in development, finding direction in the Master Code: *Take care of self, other, place, planet.*



Applying new-economy principles

Jan Jonker, Radboud University, Nijmegen, The Netherlands, has done research, broad and deep, into what drives hundreds of new-economy initiatives and what makes them successful. I had the pleasure of being one of a group of co-writers of his book New Business Models. The NBM's are based on three meta-principles: value creation is multiple, collective and shared. These principles will be embedded in the lifemaps for the city and its stakeholders.

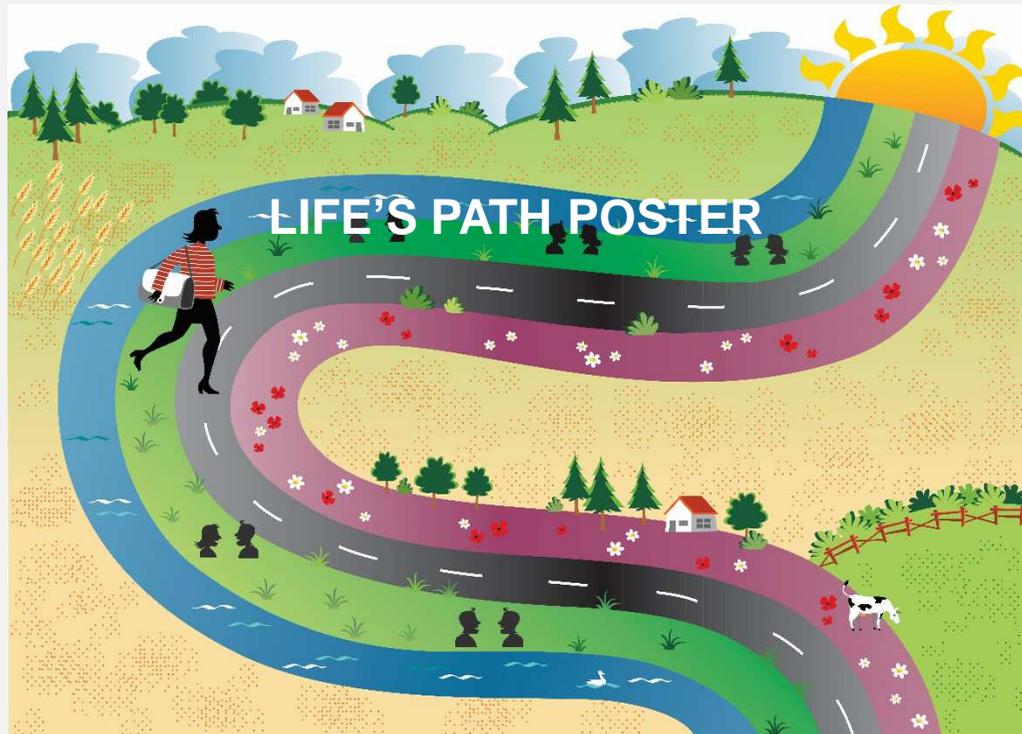


Finding your path and compass in this time of climate change

It is possible to find a personal connection with climate change & nature's decline. Coming from who you are, from your unicity, place and contribution to the world. During the journey in this lifemap scenario, you will also discover which new knowledge and principles are needed, and why it is of crucial importance to gain knowledge about the physical, matter & materials, and ecology.

Change starts with me: *Evaluating who I have been, who I am becoming, how I can be of service.*

Lifemap scenarios *Choosing for transformation*

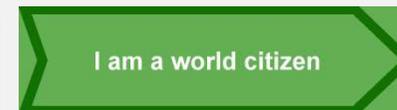


Existing scenarios: being who you are, living as a personal creator, living your purpose, conscious business

← **Theme stickers:** life, venture, habitat



← **Stickers of key aspects:**



Lifemaps are multi-layered and multi-faceted:

There are many lifemap building blocks. They provide a flexible, holistic framework, based on experiential knowledge, created with love. Lifemaps use realistic input and have an intuitive process. They hold the intention to involve the senses and touch the heart, to create conditions for people to be fully present. They provide a setting in which key questions can be researched and connections and directions can be found.

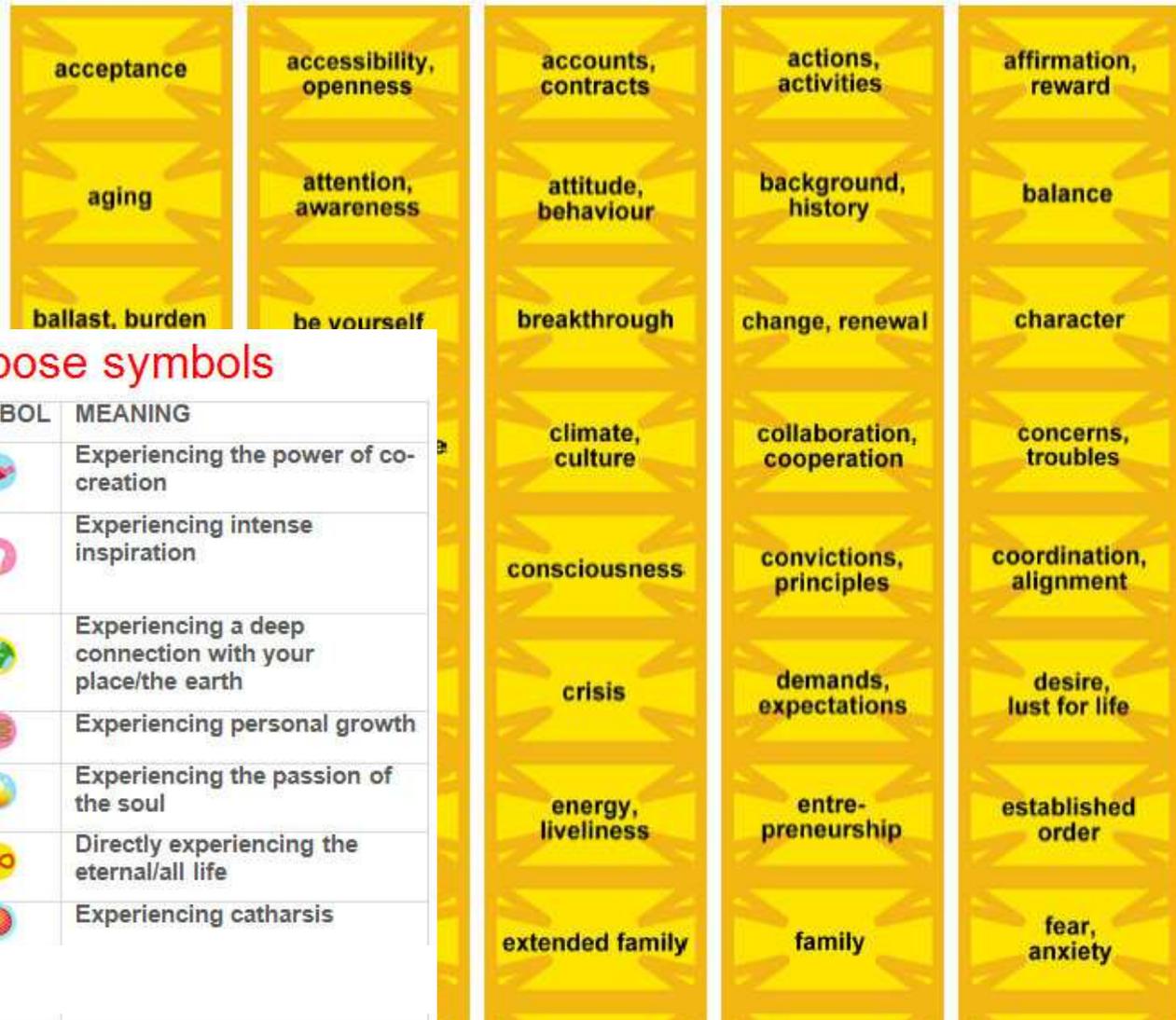
- Intuitive mapping of reality, into key aspects and themes, in several layers.
- Studying the map and completing the overview.
- E-evaluating the map, using symbol stickers.
- Choosing next steps, actions, finding new paths – in: personal life, work, creating, life's mission, working with money, co-creating an initiative or project, in business and community, neighbourhood and, city.

Change starts with me: *Evaluating who I have been, who I am becoming, how I can be of service.*

7 Keys in all lifemaps:

1. Being who we are
2. Living our purpose
3. Working with creative forces
4. Conscious business
5. Living together in harmony
6. Caring for place, the earth
7. Including the whole reality.

Life stickers



Living your purpose symbols

SYMBOL	MEANING	SYMBOL	MEANING
	Being who you are		Experiencing the power of co-creation
	Speaking the truth about what you stand for		Experiencing intense inspiration
	Serving a larger purpose		Experiencing a deep connection with your place/the earth
	Living core values		Experiencing personal growth
	Working in service of others, place and planet		Experiencing the passion of the soul
	Being the best version of yourself		Directly experiencing the eternal/all life
	Being fulfilled		Experiencing catharsis
	Experiencing a deep connection		

Sources: Alexander Lowen, Antonio Damasio, Bruce Lipton, the Dalai Lama, Deepak Chopra, Don Beck, Ch. Eisenstein, Elaine Aron, E.O. Wilson, Esbjörn-Hargens & Zimmerman, Fraser & Massey, Frederic Laloux, Günther Pauli, J.G. Speth, Jan Jonker, Joanna Macey, Kate Raworth, Ken Wilber, Lao Tse, Marilyn Hamilton, Neale D. Walsch, Sanaya Roman, Otto Scharmer, Robert Fritz, Thomas Rau, Wayne Dyer.